# **Outdoor Recreation**

### **Outdoor Adventure Lecture** Series - 480-350-5200

This evening series is offered to acquaint people with popular outdoor activities in the area and to expand the abilities of those already active in outdoor programs. Programs will provide a slide show, lecture presentation, and, where possible, hands-on experience. Must register at least 2 days prior to class; no registration accepted on Saturday/Sunday.

Outdoor Cooking-Maggie McClure, our outdoor cooking expert, will share recipes and demonstrate several cooking methods to use on your next camping trip. Come and learn secrets to make your next outdoor cooking experience a success. Class will be held on the outdoor patio. Fee: Adult: \$6, Youth/Sr: \$3.

OASC-1B 10yrs+ 4/22 6-8pm

Citrus Gardening-Learn easy lessons to enhance the growth of your citrus trees. Instruction on pest control and proper tree care will be shared. Fee: Adult: \$6,

OASC-2B 10yrs+ T 4/29 7-8:30pm PAC

### **Just for Kids Fishing Festival**

Saturday, March 22 — 7am-2pm

Registration Forms are available at all City of Tempe Community Service Department Facilities after March 4. See page 20 for complete details.

Native Wildflowers-Our southwest climate enables us to plant and grow beautiful spring gardens. Join from AZ Desert Botanical Gardens to learn how to prepare and keep a healthy yard during the hot summer months ahead. Fee: Adult: \$6, Youth/Sr: \$3.

5/6 7-8:30pm OASC-3B 10yrs+

Butterfly Gardening-Discover how to add color, movement, and excitement to your yard by attracting butterflies! Join a speaker from Desert Botanical Garden to find out which flowers best attract some fluttering friends. Fee: Adult: \$6, Youth/Sr: \$3.

OASC-4B 10yrs+ T 5/13 7-8:30pm

#### 480-350-5200 Hikes

Hikers should bring 2 quarts of water, lunch, snack, hat, sunblock, adequate clothes for the weather (raingear), and comfortable hiking boots or shoes. Even good trails are rocky. Participants will meet 15 minutes prior to scheduled time at the Pyle Adult Recreation Center, 655 E. Southern Avenue, the day of the hike to receive directions to the trailhead; come prepared to drive and pay park entrance fees. It is customary to reimburse the driver \$.04 per mile if you choose to ride with someone rather than drive yourself. Sorry, pets are not allowed; working dogs permitted. Register early, hikes limited to 14 participants. Trail access courtesy of U.S. Forest Service.

### **Family Day Hikes**

Hieroglyphic Trail-Located on the southwest corner of the Superstition Wilderness, this route leads to Hieroglyphic Springs as area with a remarkable number of petroglyphs The trail climbs easily up into this little canyon. You will climb approximately 600 feet over the length of the trail, following a ridgeline that allows very good views of the area. We will hike to the spring, have lunch and return by the same trial. The possibility of desert flowers in bloom at this time of year is high. This 3 mile hike is rated leisurely Fee: Adult \$14; Youth \$8.

OHIK-1B 8yrs+ Su 4/6 9-4pm

Woodchute Trail-Offers some spectacular view of the Verde Valley, Sedona area, Mogollon Rim and the San Francisco Peaks. We will be hiking through the cool ponderosa and pinyon pines at 7000 feet of elevation. The hike is 8 miles with a 600 foot elevation gain/loss. We will eat lunch at the halfway point and return the same route. Located in the Woodchute Wilderness/Mingus Mountain area, the trail head is 2.5 hours from Tempe

OHIK-2B 12yrs+ Sa 5/24 7am-5pm PAC

#### Wee Folks Nature Hike

Saturday, April 19, 8:30-10am. See complete description in Activities for Youth.

Women's Hiking Class-Exercise & revitalize! Enjoy the outdoors and female camaraderie. No kids, no phones! Class will consist of one mandatory classroom session, two half-day hikes and one full-day hike. Participants must be in good health. Hikes are easy to moderate. Participants are responsible for day-packs, lunches and transportation to and from the trailheads. Optional car-pooling will be explored at the first class session. Classroom session and all hikes will meet at the Pyle Adult Recreation Center. Hike dates and destinations: Saturdays, 4/12 Squaw Peak Circumference Trail 7am-Noon; 4/26 Lost Dutchman Trail to Parker Pass (Superstition Mts.) 7am-1pm; 5/3 West Clear Creek (Camp Verde) 7am-6pm Fee: \$40.

4/8 OHIK-3B 18yrs+ 7-8pm Hike Dates: 4/12, 4/26 & 5/3

### **Outdoor Classes and Workshops**



Birding-Herb Fibel past president of the Maricopa Audubon society is back with his Basic Birding Class. Learn what equipment is needed and basic identification skills for identifying numerous local birds. Three weekend field trips are included with

the dates to be decided at the first class. Fee: \$24. GBRD-1B Adult Th 3/20-5/1 7-8pm

Boating Safety Course 480-350-5201-This class taught by Arizona Game and Fish, is your passport to the open waterways. Learn about boating regulations, handling boating accidents, code violations, navigation, trailing watercraft and more! Fee: \$5.

KBS1-1B 16yrs+ M/W 4/21&4/236-10pm KRC. KBS1-2B 16yrs+ M/W 5/5&5/7 6-10pm KRC

Preparing Your Summer Garden 480-350-5201-Prepare your yard for summer planting. Learn how to care for your summer flowers, lawns and gardens. Fee: \$10. KGAR-2B 12yrs+ W

Hunter Safety Certification-Volunteers from the Arizona Game and Fish Department will instruct this 20-hour course. A 6-hour mandatory Saturday field trip is included. Participants must be at least 10 years of age, and families are encouraged to take the class together. Fee: Adult: \$6; Youth: \$3.

ORCL-4B 10vrs+ T&W 3/18-4/9 6:30-8:30pm PAC

In-Line Skating: Beginning & Advanced Beginning See complete description in Activities for Adults section, p. 24.

Introduction to Irrigation 480-350-5201-Proper irrigation provides a healthy environment for plants. Find out how to install, maintain or fine-tune your watering system. Learn some tricks to save money and time. Fee: \$10

KGAR-1B 12yrs+ W 4/30 6-8pm **KRC** 

Rock Climbing and Rappelling-Basic instruction on fundamentals and techniques of climbing, as well as knot tying and methods of belaying. Adults 18 years+ only.

ORCL-5B Adult W 4/9,4/16,4/23 6:30-9:30pm PHX

Discover Scuba-For those who think they might like to learn how to Scuba dive, this is your chance to "test the waters" This 2-hour workshop will give you a hands-on look at what the sport is all about. You will learn about equipment, safety and certification requirements. Wear your swimsuit and bring a towel; you will be able to get into the pool with an instructor and try out the equipment. Fee: \$40.

ORCL-1B 16yrs+ F Ocean Planet 3/21 6-8pm 4/18 ORCL-2B 16yrs+ 6-8pm Ocean Planet 16yrs+ F ORCL-3B 5/16 6-8pm Ocean Planet

### 480-350-5200 See page 2 for Code of Location Abbreviations.



**luniors Rowing** 

Junior refers to high school age rowing or, anyone 18 years old or younger. Rowers spend their first year as a Novice rower, learning the skills, the mentality, and gaining physical fitness to produce a smooth, stable boat. At competitions, Novice rowers race against other rowers that are in their first year of rowing, leveling the playing field and creating some exciting race opportunities.

After completing The Novice year, rowers enter into the varsity class to improve skills, fitness and focus on upcoming races. There is more emphasis on boat selection and A squads and B squads are formed.

Novice Row-Juniors-Come join the Novice rowing team and develop your rowing skills in a team sport environment. The novice year focuses on improvement of the rowing stroke and training for racing. Float tests\* will be held on 3/10 at a local pool. Recommended 1-year participation. Class is 10 weeks.

OROW-1B 13yrs+ M/T/Th 3/10-5/15 3:45-6pm \$86 OROW-2B 13yrs+ W/F 3/12-5/16 3:45-6pm \$70

Varsity Row-Juniors-Designed for rowers that have completed their novice year, Varsity Row fine-tunes the skills you have learned to create fast racing boats. This course is repeatable.

OROW-3B 13yrs+ M/W/F 3/10-5/16 3:45-6pm \$86 TTL

### **Adult Rowing**

Adult Rowing encompasses anyone who is 18 years old or older. Whether you are an accomplished competitive rower or if you have never seen a rowing shell before, we have a class for you.

- · Beginners will take the Learn to Row I course to get introduced to the very basics of rowing. Learn to Row II will allow you to improve your newfound skills (or remember your old rowing skills!) and prepare to join the Novice Rowing Program. The Novice Rowing Program gives you the opportunity to row as a team, form boats and, possibly, put your skills to the test at one of our local rowing races.
- Fitness/Intermediate rowing focuses on the enjoyment of rowing a shell and getting a great workout in the process.
- Masters Rowing are for those who have had one or more years of rowing experience. This group focuses on competitive rowing and traveling to regional races.

Learn to Row I-Always wanted to try rowing? This class is for you! Designed exclusively for first time rowers, this course will lead you through the basics of rowing a four or eight person shell. Safety, boat handling, proper rowing technique and developing fitness are stressed. Participants must be able to pass the 10 minute float test\* and have a basic level of fitness. The first class will meet at a local pool for the float test and safety video presentation. Attendance of the first three classes is mandatory. Fee: \$100.

OROW-4B 18yrs+ S/Su 3/22-4/13 10am-12pm OROW-5B 18yrs+ S/Su 4/26-5/18 9am-11am OROW-6B 18yrs+ M/W 3/17-4/9 5:45-7:45pm OROW-7B 18yrs+ M/W 4/21-5/14 5:45-7:45pm

# **Outdoor Recreation**

### 480-350-5200 See page 2 for Code of Location Abbreviations.

### About the Float Test

The Float Test is held at one of the local City pools on the first day of class (usually Kiwanis Recreation Center). The test is 10 minutes of floating, treading water, or swimming unassisted. Please bring shorts and a T-shirt to test in as well as a dry change of clothes. Written notification about float testing location will be sent to you separately from your class confirmation.

Learn to Row II-Your next step in rowing! The focus is building on the skills learned in Learn to Row I and gaining the confidence and knowledge to progress to Novice Rowing. More emphasis is placed on fitness and precision. Fee: \$100.

OROW-8B 18yrs+ S/Su 3/22-4/13 8am-10am OROW-9B 18yrs+ S/Su 4/26-5/18 7am-9am TTL OROW-10B 18yrs+ T/Th 3/17-4/9 5:45-7:45pm OROW-11B 18yrs+ T/Th 4/21-5/14 5:45-7:45pm TTL

Adult Novice Rowing Program-Completed Learn to Row and you want more? Join rowers like your self and continue the learning process. This follow-up class to LTR places even more emphasis on skill building and fitness development. Students are encouraged to repeat this course in preparation for advancement to higher levels. This class is 10 weeks. Fee: \$109.

OROW-12B 18yrs+ S/Su 3/22-5/25 6-8am OROW-13B 18yrs+ T/Th 3/18-5/22 5-7am OROW-14B 18yrs+ T/Th 3/18-5/22 5:45-7:45pm

Adult Intermediate/ Fitness Row-For the rower who has completed Novice rowing and wants to gain more experience. Intermediate/Fitness rowing will challenge rowers to improve skills and develop a strong cardiovascular fitness base. 6 months to 1 year rowing experience recommended. This class is repeatable. This class is 10 weeks. Fee: \$109.

OROW-15B 18yrs+ M/W/F 3/17-5/23 5:45-7:45pm TTL



Masters Rowing Program-This course is designed with the serious competitive athlete in mind. Rowers with 1+ years of experience learn and practice racing techniques and strategy. Boat speed and excellence in rowing skills are stressed in this class. This class is 10 weeks.

OROW-16B 18yrs+ M/W/F 3/17-5/23 5-7am \$109 TTL OROW-17B 18yrs+ S/Su 3/22-5/25 6-8am \$90 TTL

### **Kayaking**

**Sea Kayaking-**Come out and give sea kayaking a go in this 16-hour course designed for first-time paddlers. Arizona Canoe and Kayak School introduces you to low-risk and fun sea kayaking techniques. Learn skills ranging from fitting and selecting equipment and kayaks to assisted and solo re-entry methods. Learn basic skills needed to develop a clean wet exit and Eskimo roll. No prior experience necessary. Kayak and equipment provided. Must be 16 years or older to participate. Classes are located at Arizona Canoe and Kayak at 107 E Broadway Rd in Tempe (2 driveways east of Mill on Broadway) Phone: 480-755-1924. Fee: \$185. OPAD-5B W/F 5/21,5/23,5/28,5/30

River Kayak-Ever wanted to learn how to roll a kayak? Arizona Canoe and Kayak classes are designed for beginners interested in learning how to paddle and roll kayaks. This 16-hour class teaches you how to fit and select gear, basic strokes, wet exits, bow rescues, Eskimo roll and boat handling technique. Graduates of this class will develop the skills and judgement needed for beginning river kayaking. Bring your swimsuit and towel and be prepared to have fun! Kayaks, equipment and PFDs provided. Must be 16 years or older to participate. Classes are located at Arizona Canoe and Kayak at 107 E Broadway Rd in Tempe (2 driveways east of Mill on Broadway) Phone: 480-755-1924. Fee: \$185.

OPAD-1B M/W 3/31,4/2,4/7,4,9 6-10pm AZCK

OPAD-2B Sa/Su 4/5,4/6,4/12,4/13 8am-12pm AZCK OPAD-3B Sa/Su 5/3,5/4,5/10,5/11 8am-12pm AZCK OPAD-4B M/W 5/5,5/7,5/12,5/14 6-10pm

### www.tempe.gov/pkrec/golf



> Tee-Time Reservation System Effective Year-Round Reservations for Tempe Residents may be made three (3) days in advance beginning at noon by phone only at the number listed below for each golf course.

Note: 50 percent residents per group is required for advance tee-time reservations for weekend and holiday play. (One resident per twosome, two residents for threesome or foursome.) One resident per group is required for advance tee-time reservations for weekday play.

Reservations for non-Tempe residents may be made two (2) days in advance beginning at 8am by phone only at the number listed for each golf course.

### > Junior Monthly Pass

A Junior Monthly Pass, which is good for play at Ken McDonald or Rolling Hills Golf Course, is available to resident youth for \$15 per month and to non-resident youth for \$25 per month. Age eligibility is through 12th grade.

### **Ken McDonald Golf Course**

(Rural Road and Western Canal between Elliot Road and Guadalupe Road) Phone: 480-350-5250

- 18-Hole Championship Course (par 72)
- Lighted Driving Range
- Fully Equipped Golf Pro Shop
- Men's and Ladies' Organizations
- Restaurant Pete's 19th Hole, 838-8310
- Golf instruction available (clinics & individual lessons)

For current rates please call 480-350-5250 or visit our website: www.tempe.gov/pkrec/golf/

**Youth Golf Challenge Clinics:** See complete listing in Activities for Youth, page 16.

# **Rolling Hills Golf Course**

**Municipal Golf Facilities** 

- **Two Executive 9-Hole Courses**
- **Driving Range**
- Golf instruction available
- **Fully Equipped Golf Pro Shop**
- Restaurant Pete's 19th Tee, 966-6726

For current rates please call 480-350-5275 or visit our website: www.tempe.gov/pkrec/golf/

Discounts are available to Tempe residents.

Fore! Adult Golf Classes: See complete listing in Activities for Adults, page 24.